



**DEEPAK VARMA**  
**Technospirit Consulting**

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## HI, I'M DEEPAK VARMA

“**Joy**” is my middle name. After many years of struggle, I realized “Joy” does not need any support and is not dependent on any external environmental factors. It is an inner state of being and a choice.

I come with **20 years of executive worldwide experience** in Cloud, Big Data, Strategic Marketing, Operations Management & Sales with Global / Indian companies (Hewlett-Packard, WIPRO, Airtel). An effable; easy-to-connect; effervescent individual.

A **Globally certified Heartfulness Trainer** and I bring the element of Relaxation, introspection and meditation into each person or program I touch; thereby giving an unique blend of changing oneself from within. Through Technospirit, I have conducted “**Inner Leadership**” workshops at Hewlett Packard Global, Riya Travels, Delphi to name a few. As a Certified Heartfulness Global Trainer I have conducted sessions at UST Global, Dell, Cognizant, Aon Hewitt, HCL, TCS among the corporates; and at colleges (Savita Engg, Saastha Institution, Elite Optometry).

I am also a **Business coach** for 121 sessions. I am the **Program director at “Kaushalam : Excellence in Action”**, a Heartfulness initiated program held 5 times a year.

**Please visit my website at [www.technospirit.in](http://www.technospirit.in) to find more about my programs and upcoming events.**